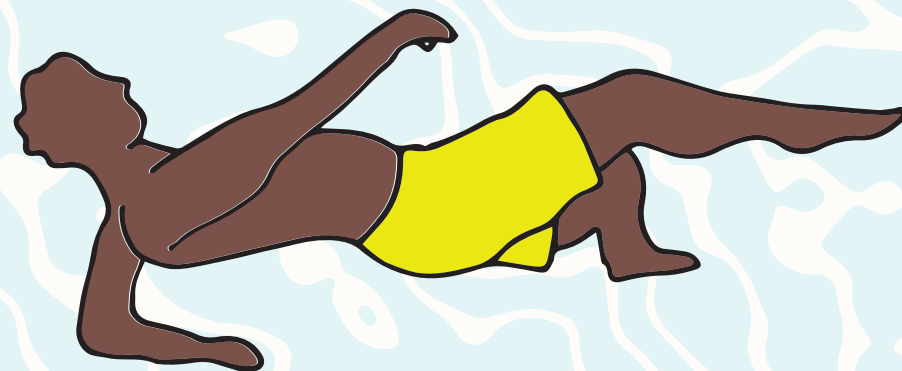
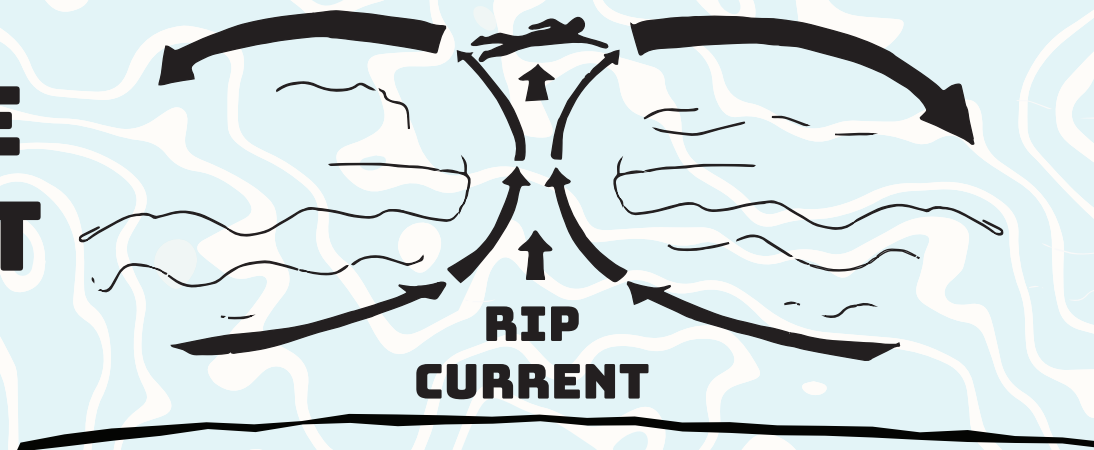
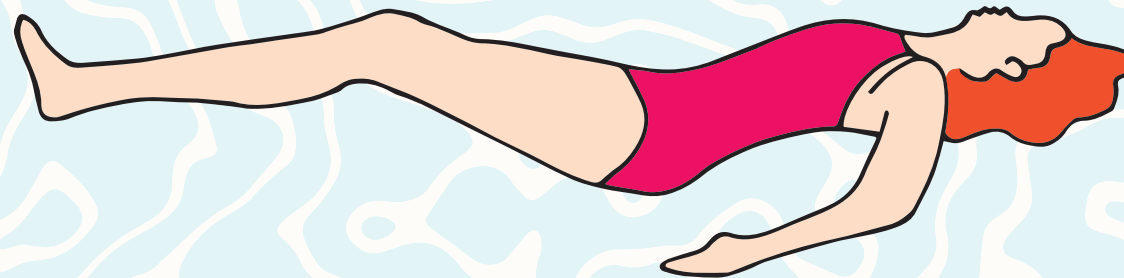


KNOW HOW TO ESCAPE A RIP CURRENT



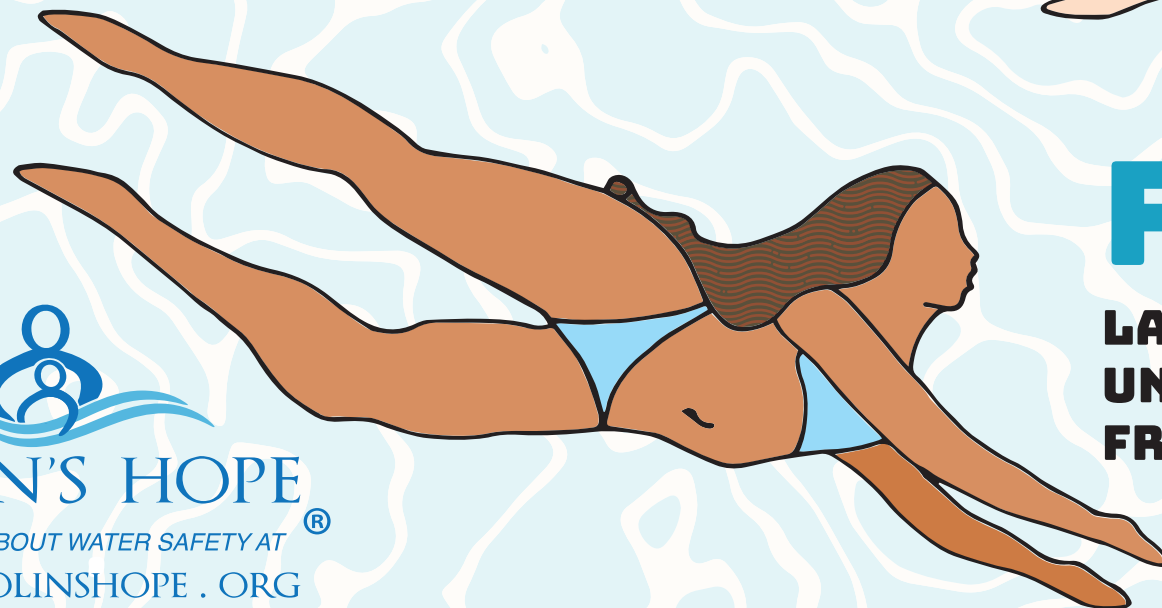
FLIP

**STAY CALM LOOK AROUND YOU
FLIP TO YOUR BACK
SIGNAL FOR HELP IF YOU ARE ABLE**



FLOAT

**KEEP YOUR HEAD
ABOVE WATER
REMAIN CALM**



FOLLOW

**LAY YOUR BODY ALONGSIDE THE SHORE
UNTIL YOU REACH AN AREA
FREE OF THE CURRENT**



COLIN'S HOPE
LEARN MORE ABOUT WATER SAFETY AT
WWW.COLINSHOPE.ORG

Artwork courtesy of Zoe Lynch
Girl Scouts Of America - Gold Award

TIPS TO GET OUT OF A RIP CURRENT

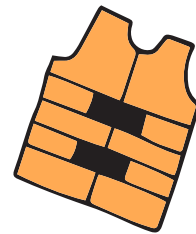
BE SAFER IN OPEN WATER: NO ONE IS DROWNPROOF



NEVER SWIM ALONE



- ▶ Swim on life-guarded beaches
- ▶ Know your swimming skills!
- ▶ **ALWAYS** wear Coast Guard approved life jackets in boats and open water



BEWARE OF WATER HAZARDS

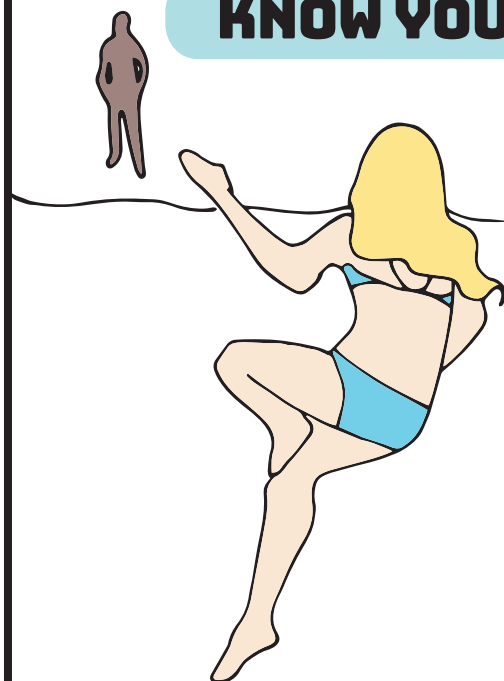
Don't jump from cliffs or bridges! Know the water depth!



HAZARDS:

Rocks, Underwater plants, Glass, Branches

KNOW YOUR SWIMMING ABILITY

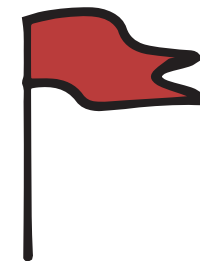


- ▶ Never swim alone
- ▶ Resist peer pressure
- ▶ Don't swim beyond your abilities

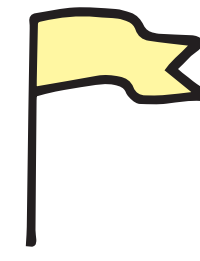
KNOW WHAT WARNING FLAGS MEAN



DOUBLE-RED
Water closed
to public



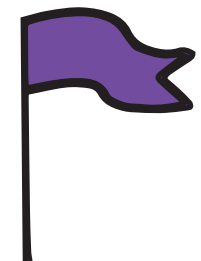
RED
High
Hazard



YELLOW
Medium
Hazard



GREEN
Low
Hazard



PURPLE
Dangerous
Marine Life